



NTPHM

ANNUAL & ACTIVITY REPORT

2022 — 2023

Care · Education · Health · Livelihood · Community

Reporting period: 1 April 2022 to 31 March 2023

CONTENTS

The Year at a Glance	2
1. Grace Home (Care — Vulnerable Children)	3
Nutrition	4
Health & Medical	5
Activities under Grace Home	6
2. Medical Support	9
3. Career Support	10
4. Professional Learning Opportunities	11
5. Hope College	12
6. Farming Project	13
7. Infrastructure and Maintenance Team	15
8. Community Development Programme	16
9. Capacity Building	17

THE YEAR AT A GLANCE



This report sets out the programmes delivered by NTPHM between 1 April 2022 and 31 March 2023. It covers residential care for vulnerable girls at Grace Home, medical and career support for individual beneficiaries, professional learning placements, the Hope College campus, the farming project, infrastructure and maintenance, community development and staff capacity building.

1. GRACE HOME (CARE — VULNERABLE CHILDREN)

Grace Home started with a vision to help vulnerable girls. Our vision is to empower and enable girls from vulnerable backgrounds. It is a residential facility that focuses on some major aspects of adolescent girls' overall need and development. The home has well designed plans to meet the needs of education, nutrition, health and hygiene.

Service Provided

- Provide a secure and healthy environment for the beneficiaries.
- Give a strong education which will make them independent.
- Well designed nutrition plan to meet the needs of growing children.
- Growth monitoring.
- Health check-ups and immunization.

Beneficiaries and Benefits

Count of Students	Category of Education	Benefits
12	Std XI-XII	College fees, 24x7 residential care, caretaker, well balanced food, travel to college, books, tuitions, health & medication, vaccination and clothes
3	Graduate Course	College fees, 24x7 residential care, caretaker, well balanced food, travel to college, books, tuitions, health & medication, vaccination and clothes
2	Masters	College fees, 24x7 residential care, caretaker, well balanced food, travel to college, books, tuitions, health & medication, vaccination and clothes
3	Special Care	Special care charges, hygiene kit, health & medication, vaccination and clothes
1	Preparatory Course	College fees, 24x7 residential care, caretaker, well balanced food, travel to college, books, tuitions, health & medication, vaccination and clothes

IMPACT OF GRACE HOME

- One of the girls from Grace Home completed her counselling degree. She is currently counselling children in our institute to help them overcome their trauma and become stable physically and mentally.
- One of the girls, Rani Ubale, has completed her degree and is working in our organisation taking care of children.
- 10 of the girls passed Std X for academic year 2021-2022, all above 60%, and are now studying in Std XI.

Nutrition

Grace Home has a well-planned menu which is provided by a nutritionist. It takes into consideration the physical health of the children and the meals are prepared accordingly. The height and weight of the children are checked every month and a six-monthly complete health check-up is done. Accordingly, the health of the child is determined.

Food Category	Schedule
Egg	Alternate days
Green Vegetables	Every day
Seasonal Fruit	Every day
Chicken / Paneer	Once a week
Milk	Every day
Rice / Chapati	Every day

Grace Home — Meals Served, Apr 2022 to Mar 2023

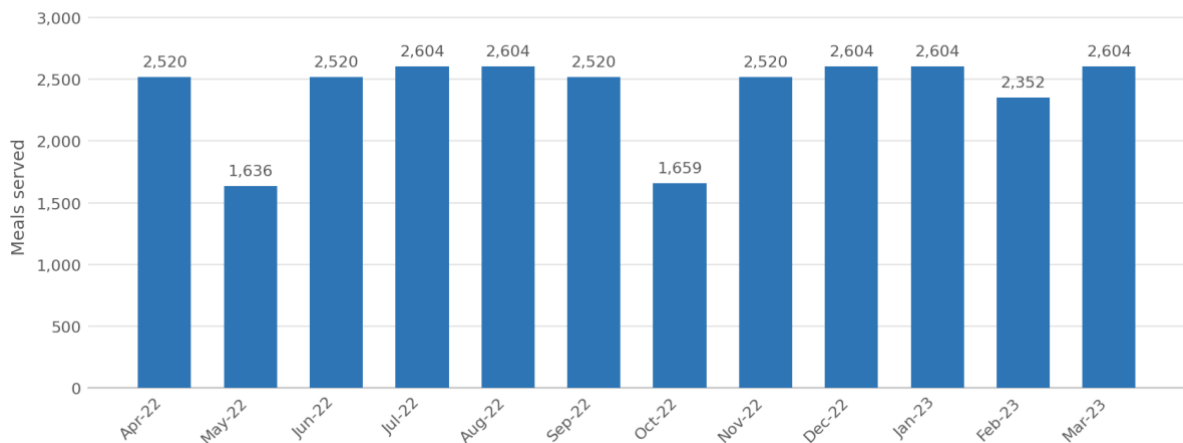


Figure 1 — Meals served at Grace Home, April 2022 to March 2023 (28,747 in total)

IMPACT OF THE NUTRITION PROCESS

- Intake of healthy meals by all children.
- Less than 10% of girls fall sick and need medical attention.

Health & Medical

Grace Home has a well planned health process. There is an in-house qualified nurse to administer medicine. The girls are also regularly checked by paediatricians and given medicine accordingly. There is a stringent hygiene process followed by the house parent and the nurse. The mouth, nails, skin and head of each child are checked regularly and preventive and remedial measures are taken accordingly.

Grace Home — Doctor Visits by Month, 2022-2023

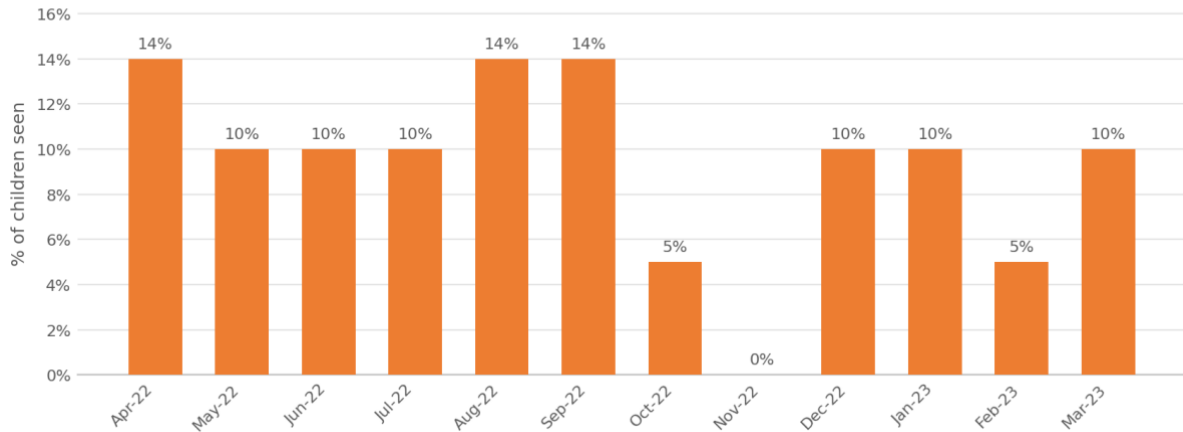


Figure 2 — Doctor visits at Grace Home by month, 2022-2023

IMPACT OF THE HEALTH & HYGIENE PROCESS

- Regular medical supervision and preventive care for every child in the home.
- Less than 10% of girls fall sick and need medical attention.

Activities under Grace Home

1. Mother-Daughter Engagement

NTPHM held a mothers, daughters and staff meeting on 21/10/2022 and 17/02/2023. The purpose was to bring parents, teachers and children together.

Beneficiary Category	Count of Beneficiaries	Benefits
Children	10	Lunch & travel
Mothers	4	Lunch
Staff	8	Lunch & travel



Mothers, daughters and staff meet together at Grace Home

IMPACT OF MOTHER ENGAGEMENT

- Engagement of mothers and guardians in the academic, emotional and health progress of their children.
- The mothers were also updated about their daughters' health status.
- The girls spent time with their mothers.

2. Monthly Birthday Celebration

Grace Children's Home celebrated a birthday month. Children who are celebrating birthdays in that particular month get gifts. A cake is cut and a special dinner is arranged for the entire home. It is a joyous occasion for the children as various games are played and they get to perform and show their talents.

IMPACT OF THE MONTHLY BIRTHDAY CELEBRATION

- All the girls were celebrated and appreciated as individuals on their birthdays and were made to feel special. As a home, all the staff and the girls came together and created memories as one family.

3. Love Gift Hampers

Throughout the year the home promoted the importance of health and hygiene so that the children are healthy physically and emotionally. Giving hygiene a priority when the children were due to go home for the Diwali vacation, staff prepared a love gift hamper for each daughter. The hamper included basic hygiene products such as talcum powder, hair oil, detergent, soap, toothbrush, towel, comb and lice treatment shampoo.

IMPACT OF DISTRIBUTING LOVE GIFT HAMPERS

- Raised awareness among the girls of the importance of hygiene and cleanliness to prevent sickness and infection, leading to confidence, health and overall positive growth.

4. Celebration of Success Week

From 13 to 18 July each child was celebrated for her performance at school over the last academic year. Each daughter received two pairs of dresses — one casual and one party wear — along with water bottles and bangles. A get-together was organised for all the daughters, and the daughters went on a Lonavala trip.

Category of Beneficiaries	Count of Beneficiaries	Benefits
Girls	21	2 dresses, bangles, sandals & water bottles; travel, stay and food at Lonavala
Staff	5	Travel, stay and food at Lonavala

IMPACT OF THE CELEBRATION OF SUCCESS WEEK

- Celebrating the success of each girl left them motivated to do much better in the coming year. It nourished and encouraged them and showed that, as a family, we supported them in their continued development.

5. Summer Class

Summer classes were conducted for all the children. A weekly plan was made so that they could learn new skills and take up new hobbies. The staff taught them skills such as baking, papad making, jewellery making, cloth painting, mandala painting and puppet making.



Jewellery made by the girls during summer classes

IMPACT OF THE SUMMER CLASSES

- All the girls came together to learn different hobbies and talents, through which they became more confident and learnt independence, social skills and leadership skills. It developed their skills and personality and boosted their confidence.

6. Winter Cloth Distribution

Grace Home decided to help needy students in the surrounding area. The children from Clara Bruce Girls High School needed sweaters as it was winter. On 18 December at 3:00 pm a team from NTPHM visited the school and met the students, and encouraged them with sweets and sweaters.

Count of Beneficiaries	Category of Beneficiaries	Benefits
50	Children	Sweater & sweet box



Sweaters and sweet boxes distributed at Clara Bruce Girls High School

IMPACT OF THE WINTER CLOTH DISTRIBUTION

- The sweaters helped the children cope with the harsh winter and eased the financial burden on their families of buying them clothes.

2. MEDICAL SUPPORT

Medical Assistance and Continued Orthopaedic Care — Sejal Gaikwad

NTPHM supported Ms. Sejal Gaikwad through different stages of her orthopaedic treatment. Sejal had a serious condition affecting her leg that required multiple surgical interventions and extended hospital care. Following her initial treatment, she continued to experience difficulty with mobility and was unable to bend her leg properly, affecting her daily activities and ability to move comfortably.

As part of her continued treatment, she was later assessed at Naik Hospital, Pune, where implantation of a rod was recommended. NTPHM coordinated the required assistance and support, and rod removal surgery was later successfully completed after a period of healing.

The support enabled Sejal to receive the necessary follow-up treatment and continue her journey towards improved mobility and recovery. Her case reflects NTPHM's commitment to providing timely, need-based medical assistance and ensuring that beneficiaries can access essential treatment and regain greater independence and well-being.

Care, Protection and Rehabilitation — Pooja Vishwas

NTPHM has been supporting Pooja Vishwas since her childhood. Coming from a highly vulnerable background, Pooja was supported by Grace Home, Ahmednagar.

Over the years, Pooja faced significant challenges, including neglect and separation from her family. She went through serious damage to her ear and hearing difficulties. Under the care of NTPHM Grace Home, she received medical treatment, including surgery for her ear.

Her education was also affected by the disruption in her family life and the closure of schools. Although she had demonstrated strong academic ability, particularly in languages, she later lost interest in continuing her studies. These experiences also affected her emotional and social well-being.

NTPHM continues to provide care and support for Pooja, including assistance for her physical and emotional well-being. As she transitions into adulthood, the focus is increasingly on helping her develop practical skills and sustainable livelihood opportunities so that she can move towards a secure future.

Pooja's journey reflects NTPHM's long-term commitment to protecting vulnerable children, providing appropriate care and medical support, and helping them move towards dignity, independence and a sustainable future.

3. CAREER SUPPORT

Transition to Employment — Rutuja

NTPHM supported Rutuja during her six-month internship in Hyderabad following the completion of her Master of Computer Applications (MCA). The support was aimed at helping her gain practical work experience and make a confident transition from education into her professional career.

During her internship, NTPHM assisted her with essential needs, including accommodation, food, local support and other necessities, enabling her to focus on her training and professional development without additional financial challenges.

As she completed her internship and prepared to begin her career, NTPHM continued to support her transition to independent working life. The organisation assisted her in identifying suitable accommodation close to her workplace and helped ensure that she had a safe, secure and supportive environment as she started her new professional journey.

Rutuja's journey reflects NTPHM's commitment to empowering young people through education, practical exposure and holistic support, helping them move from academic achievement towards sustainable employment.

4. PROFESSIONAL LEARNING OPPORTUNITIES

The Right to Education Act in India was a turning point for school education; it made education a fundamental right for children in the age group 6 to 14. Taking this one step further, all daughters from Grace Home are encouraged to complete their graduation and post-graduation degrees. Recognising them to be future leaders and changemakers of society, we see it as imperative for them to realise their full potential by gaining quality education.

Service Provided

The Professional Learning Opportunities programme provides the girls with:

- Academic counselling.
- Career counselling.
- Admission to universities.
- Admission to professional courses.
- Internship opportunities.

Professional Learning Placements, 2022-2023 (21 girls)

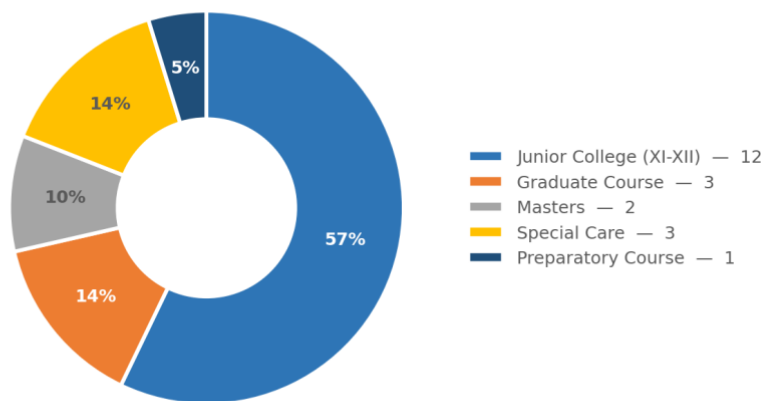


Figure 3 — Professional learning placements by category, 2022-2023

IMPACT OF PROFESSIONAL LEARNING OPPORTUNITIES

- Girls registered in this programme are admitted into various courses such as Hotel Management, Masters in Social Work and Bachelors in Architecture, and into internships in Information Technology.

5. HOPE COLLEGE

The Hope College campus is where some of the staff and workers reside. This campus also serves as a quarantine centre, especially during COVID times, where children were kept in separate confinement to avoid infection.

Dorms for Girls	Staff Homes Available	Homes Occupied by Staff	Single Rooms Occupied by Staff
5	3	2	3

IMPACT OF HOPE COLLEGE

- Serves as staff quarters.
- Is a quarantine centre for children and staff.
- Guest house for staff travelling from outside Ahmednagar.
- Used for farming of crops and vegetables for the children's home.

6. FARMING PROJECT

A project was undertaken to make use of the land at Hope College for farming various crops and vegetables. The objective was to increase the usage of the land and to produce organic vegetables and cereals which are healthy for the children. A farming team has been hired which works on the land.

Service Provided

- Land at the Hope College campus was used for agricultural purposes.
- Children at the home are healthy, eating organic vegetables.
- Cost effective, as it costs much less to produce crops and vegetables in house.



The farming team at work on the Hope College land

Activities under the Farming Project

1. Garlic Plantation and Harvesting

Land was cleaned and seeds were sown in November 2022. Manure was given and organic pesticide was used. In April 2023, 40 to 50 kg of garlic was harvested.



Garlic harvested at Hope College, April 2023

IMPACT OF THE GARLIC PLANTATION

- 40 to 50 kg of garlic harvested.

2. Plantation of Toor Daal

In May 2022 the field was made ready by ploughing. In July 2022 toor daal seeds were sown, and 135 kg of toor was harvested.



Threshing and transport of the toor harvest

IMPACT OF THE TOOR DAAL PLANTATION

- 135 kg of toor harvested and sent to the children's home.

7. INFRASTRUCTURE AND MAINTENANCE TEAM

This project focuses on the building and maintenance of the infrastructure of Grace Home and Hope College. It was started so that the buildings, the structures and all the assets are well preserved and maintained and their life expectancy is increased. The team is also required to carry out the duties needed to maintain a safe environment inside the buildings. A continuous effort is made by the team to preserve, and to take immediate remedial action if there is any fault, so that the children and the staff live in a safe and healthy environment.

Service Provided

- Provide a secure and well maintained property.
- Increase the life of the property structure.
- Create a safe, child-centric and healthy environment for the children and the staff.

Activities under Infrastructure and Maintenance

1. Installation of CCTV Cameras at Hope College

The Infrastructure and Maintenance Team wanted to enhance surveillance at the Hope College campus so that the safety and security of residents of the campus were ensured. In September 2022 the cameras were successfully installed.



CCTV coverage of the Hope College campus

IMPACT OF THE CCTV CAMERAS AT HOPE COLLEGE

- Safety and security of the Hope College campus has increased with the installation of cameras.

8. COMMUNITY DEVELOPMENT PROGRAMME

In addition to community development and life-skills programmes, the centre premises are used during evenings, weekends and other appropriate times to serve individuals and families living in and around the respective locations. These activities include spiritual counselling, value-based and spiritual education, personal and family guidance, prayer and fellowship meetings, and community gatherings. The centres therefore serve as accessible spaces for educational, developmental, counselling, spiritual and community-building initiatives.

The use of the premises, staff, utilities, maintenance and other centre-related resources supports the ongoing programmes conducted at these locations throughout the week. This includes community development initiatives as well as spiritual, counselling and fellowship activities, all carried out in furtherance of the stated aims and objectives of NTPHM.

9. CAPACITY BUILDING

As part of the programme development processes, several critical capacity gaps were identified among partners and staff, and accordingly capacity building programmes were rolled out to align with the new impact perspectives. These capacity building programmes are designed to address gaps in knowledge and skill and are based on research insights from our internal projects and those of our partner organisations.

Service Provided

Curated training on:

- Child protection and forms of violence.
- Early childhood care & support.
- POCSO.
- POSH at the workplace.

IMPACT OF CAPACITY BUILDING

- 16 staff benefited from attending the various trainings organised.

THANK YOU

NTPHM

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